

**GATV6 Program Schedule for Kettering  
for the week of 12/28/09 - 1/3/10**

**MONDAY 12/28**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
12:00 p.m.: Kettering Daily  
12:15 p.m.: Kettering City Council of 12/15  
1:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
6:45 p.m.: Kettering Daily  
8:30 p.m.: Kett. Wellness: Stress and The Holidays  
8:55 p.m.: Take Five with Kettering  
9:00 p.m.: Kettering Beautification Awards 2009  
9:30 p.m.: Kettering Daily  
10:45 p.m.: Kettering Daily

**TUESDAY 12/29**

6:00 a.m.: Kettering CommuterCam - LIVE  
8:45 a.m.: Kettering Volunteers Give Thanks  
11:15 a.m.: Kettering Daily  
11:30 a.m.: Kettering Beautification Awards 2009  
12:00 p.m.: Kettering Daily  
12:15 p.m.: City of Kettering Landlord Workshop  
1:15 p.m.: Let's Talk Kettering  
1:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
6:15 p.m.: Healthy Eating On The Run  
7:10 p.m.: Take Five with Kettering  
7:15 p.m.: Kettering Daily  
7:30 p.m.: The Jungle Book  
9:45 p.m.: Kettering Daily  
10:45 p.m.: Kettering Daily

**WEDNESDAY 12/30**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
1:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
7:00 p.m.: Kett. Wellness: Stress and The Holidays  
7:30 p.m.: Kettering Beautification Awards 2009  
8:00 p.m.: Kettering Daily  
8:30 p.m.: Let's Talk Kettering  
9:15 p.m.: Kettering Daily  
11:15 p.m.: Kettering Daily

**THURSDAY 12/31**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
11:30 a.m.: Kett. Wellness: Stress and The Holidays  
12:00 p.m.: Kettering Daily  
12:15 p.m.: Kettering City Planning Commission 12/21  
1:45 p.m.: Kettering Daily  
2:00 p.m.: The Twelve Dancing Princesses  
6:00 p.m.: Kettering Daily  
8:20 p.m.: Kettering Daily  
9:00 p.m.: Kettering Volunteers Give Thanks  
9:15 p.m.: Kettering Daily  
10:45 p.m.: Kettering Daily

**FRIDAY 1/1**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
11:40 a.m.: Take Five with Kettering  
12:00 p.m.: Kettering Daily  
2:30 p.m.: Kettering Volunteers Give Thanks  
2:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
6:15 p.m.: Let's Talk Kettering  
7:00 p.m.: Kett. Wellness: Stress and The Holidays  
7:25 p.m.: Take Five with Kettering  
7:30 p.m.: Kettering Beautification Awards 2009  
8:10 p.m.: Take Five with Kettering  
8:15 p.m.: Kettering Daily  
10:15 p.m.: Kettering Daily

**SATURDAY 1/2**

9:30 a.m.: Kettering Daily  
11:45 a.m.: Kettering Daily  
12:00 p.m.: Kettering Beautification Awards 2009  
12:30 p.m.: Kett. Wellness: Stress and The Holidays  
12:55 p.m.: Take Five with Kettering  
1:00 p.m.: Let's Talk Kettering  
1:45 p.m.: Kettering Daily  
2:00 p.m.: City of Kettering Landlord Workshop  
4:45 p.m.: Kettering Daily  
5:00 p.m.: Kettering City Planning Commission 12/21  
6:45 p.m.: Kettering Daily  
8:30 p.m.: Kettering Daily  
  
8:45 p.m.: Take Five with Kettering  
10:45 p.m.: Kettering Daily

**SUNDAY 1/3**

10:00 a.m.: Kettering Holiday at Home Parade 2009  
11:30 a.m.: Pinocchio (Kettering Children's Theater)  
7:00 p.m.: The Jungle Book  
8:10 p.m.: Kettering Volunteers Give Thanks  
8:35 p.m.: Kett. Wellness: Stress and The Holidays  
9:00 p.m.: Let's Talk Kettering  
9:30 p.m.: Take Five with Kettering

**GATV6 Program Schedule for Kettering  
for the week of 1/4/10 - 1/10/10****MONDAY 1/4**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
11:30 a.m.: Let's Talk Kettering  
12:00 p.m.: Kettering Daily  
12:15 p.m.: Take Five with Kettering  
1:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
6:55 p.m.: Take Five with Kettering  
7:10 p.m.: Take Five with Kettering  
7:15 p.m.: Kettering Daily  
10:45 p.m.: Kettering Daily

**TUESDAY 1/5**

6:00 a.m.: Kettering CommuterCam - LIVE  
8:45 a.m.: Kettering Volunteers Give Thanks  
11:15 a.m.: Kettering Daily  
12:00 p.m.: Kettering Daily  
2:15 p.m.: Kettering Daily  
2:30 p.m.: Let's Talk Kettering  
6:00 p.m.: Kettering Daily  
7:15 p.m.: Kettering Daily  
7:30 p.m.: Kettering City Planning Commission 1/4  
9:45 p.m.: Kettering Daily  
10:00 p.m.: City of Kettering Landlord Workshop  
11:45 p.m.: Kettering Daily

**WEDNESDAY 1/6**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
  
1:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily

6:45 p.m.: Kettering Daily  
9:45 p.m.: Kettering Daily  
11:45 p.m.: Kettering Daily

**THURSDAY 1/7**

6:00 a.m.: Kettering CommuterCam - LIVE  
8:00 a.m.: Let's Talk Kettering  
8:30 a.m.: 10 Healthy Nutrition Strategies  
11:15 a.m.: Kettering Daily  
12:00 p.m.: Kettering Daily  
12:15 p.m.: Kettering City Planning Commission 1/4  
2:15 p.m.: Kettering Daily  
2:30 p.m.: Kettering ACTIVE Volunteer Recognition  
3:30 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
9:15 p.m.: Kettering Daily  
10:45 p.m.: Kettering Daily  
11:00 p.m.: Let's Talk Kettering  
11:45 p.m.: Kettering Daily

**FRIDAY 1/8**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
12:00 p.m.: Kettering Daily  
2:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
8:45 p.m.: Kettering Daily  
9:00 p.m.: Kettering City Planning Commission 1/4  
11:45 p.m.: Kettering Daily

**SATURDAY 1/9**

9:30 a.m.: Kettering Daily  
11:45 a.m.: Kettering Daily  
1:45 p.m.: Kettering Daily  
4:15 p.m.: Kettering Daily  
4:30 p.m.: Let's Talk Kettering  
5:00 p.m.: Kettering City Planning Commission 1/4  
6:30 p.m.: Kettering Daily  
11:00 p.m.: Kettering City Planning Commission 1/4

**SUNDAY 1/10**

11:55 a.m.: Take Five with Kettering

12:00 p.m.: Kettering City Planning Commission 1/4  
8:55 p.m.: Kettering Daily  
9:00 p.m.: Kettering City Planning Commission 1/4

**GATV6 Program Schedule for Kettering  
for the week of 1/11/10 - 1/17/10**

**MONDAY 1/11**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
12:00 p.m.: Kettering Daily  
1:45 p.m.: Kettering Daily  
3:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
6:15 p.m.: Let's Talk Kettering  
6:45 p.m.: Kettering Daily  
7:00 p.m.: Kettering City Planning Commission 1/4  
8:45 p.m.: Kettering Daily  
10:45 p.m.: Kettering Daily

**TUESDAY 1/12**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
11:30 a.m.: Kettering Wellness: Heart Healthy Eating  
11:55 a.m.: Take Five with Kettering  
12:00 p.m.: Kettering Daily  
12:15 p.m.: Diagnosis and Management of Diabetes  
1:10 p.m.: Kettering Youth In Government Day 2009  
1:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
6:45 p.m.: Let's Talk Kettering  
7:15 p.m.: Kettering Daily  
7:30 p.m.: Take Five with Kettering  
7:35 p.m.: Kettering City Council - Live  
10:45 p.m.: Kettering Daily

**WEDNESDAY 1/13**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
1:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
7:00 p.m.: The Jungle Book  
8:10 p.m.: Kettering Daily  
8:25 p.m.: Kettering Firefighter Recognition 2009

9:05 p.m.: Kettering City Council of 1/12  
10:45 p.m.: Kettering Daily

#### **THURSDAY 1/14**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
11:30 a.m.: Let's Talk Kettering  
12:00 p.m.: Kettering Daily  
12:15 p.m.: Kettering City Council of 1/12  
2:30 p.m.: Kettering Daily  
3:40 p.m.: Take Five with Kettering  
3:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
10:45 p.m.: Kettering Daily  
11:00 p.m.: My ReNEWed Suburban Home: Outdoor Living  
11:45 p.m.: Kettering Daily

#### **FRIDAY 1/15**

6:00 a.m.: Kettering CommuterCam - LIVE  
11:15 a.m.: Kettering Daily  
12:00 p.m.: Kettering Daily  
2:45 p.m.: Kettering Daily  
6:00 p.m.: Kettering Daily  
7:00 p.m.: Take Five with Kettering  
7:05 p.m.: Kettering City Council of 1/12  
8:45 p.m.: Kettering Daily  
9:00 p.m.: City of Kettering Landlord Workshop  
9:50 p.m.: Kettering Daily  
10:25 p.m.: Take Five with Kettering  
11:45 p.m.: Kettering Daily

#### **SATURDAY 1/16**

9:30 a.m.: Kettering Daily  
11:45 a.m.: Kettering Daily  
1:45 p.m.: Kettering Daily  
2:00 p.m.: Kettering Wellness Series: Deskercise  
2:55 p.m.: Take Five with Kettering  
3:00 p.m.: Kettering City Council of 1/12  
4:45 p.m.: Kettering Daily

**SUNDAY 1/17**

10:00 a.m.: Kett Wellness Seminar: Weight Loss 101

11:30 a.m.: Let's Talk Kettering

12:00 p.m.: Take Five with Kettering

12:05 p.m.: Kettering City Council of 1/12

7:00 p.m.: Take Five with Kettering

7:05 p.m.: Kettering City Council of 1/12